

Dr.Bindu Ashwini C

Assistant Professor		
Educational Qualification	Ph.D - University of Mysore MSc – (Clinical Psychology), Bangalore University BSc - Psychology , Botany, Zoology, BMSCE	
Experience	Teaching: 24 Years	
Area/s of Interest	Psychology	
Email ID	binduashwini@rvce.edu.in	

Seminars/Conferences/ Workshops

1. Resource person for a National Level Workshop on Course in Practical Psychology Training and Orientation held on 20th and 21st February 2016 at Immanuel Arasar College of Education, Nattalam, Marthandam, KanyaKumari district.
2. Resource person for State Level workshop in Practical Psychology held at Kanyakumari
3. Resource person for National Level workshop in Practical Psychology held at R.V. Teachers College, Bangalore (Twice).
4. Participated in National Level Workshop on Applied Psychology at Maharani's Arts College, Bangalore.
5. Participated in a Two –Day workshop on Psychological Counseling at Bangalore.
6. Published two Research Papers on Occupational Stress in Psychology Journals
7. Psychology experiments written for practical Psychology manual book for final year degree course. (B.A/B.Sc)
8. Participated in an Orientation Program on “Education for Counselors” organized by Vidyarthi Shikshana Samithi at R.V. College of Engineering.
9. Organised a Two –day workshop on”Arts and Science of Counselling” for all the faculty members of R.V.College of Engineering.
10. Participated in a faculty development program on Emotional Intelligence on 21st June 2013 organized by Cognizant Technologies at their campus.
11. Designed the syllabus titled “Applied Psychology for Engineers” for all branches of engineering students studying in the final semester.

International and National Conference/National Workshop -International Conference

SL. No	Title	Place	Duration	Particulars / Publication details
1	Assessment of Occupational Stress among Managerial Levels of Call centres and Multinational companies	Berlin, Germany	2 nd May 2019 to 5 th May 2019	3 rd International Social Sciences and Humanities Berlin Conference. IARSP Berlin Conference.
2	Emphasis on the Cognitive Framework in Teaching – Learning process in Engineering Education: An Empirical overview.	B.M.S.College of Engineering	Jan 5 th 2015 to Jan 8 th 2015	2 nd International Conference on Transformations in Engineering Education organized by BMSCE.

3	An Analytical study of Proneness to various Psycho – Medical illness and General health Status among the Employees of various Multi National Companies	R.V.College of Engineering	Dec 26 th 2014 to Dec 28 th 2014	7 th International Congress of Environmental Research Organized by RVCE.
4	A review of the Global Accreditation process and its imperatives in the context of Higher Educational Institutions” at Internationalization of Higher Education –staying ahead of competition and going Global ,	Jaipur, Rajasthan	20th-22nd March 2014	Proceedings of the conference. K.N.RajaRao, Dr.N.S.Narahari,C.BinduAshwini,Dr.G.Sadashivappa,”
5	Assessment of Gender differences in General Health Status among different levels of Managers of Multinational Companies.	Sydney, Australia.	08 th and 09 th December 2013	International Annual Conference on Sociality and Humanities – ICOSH 2013 organized by International Economics Development Research Center (IEDRC). Published in an International Journal of Social Science and Humanity Vol.4.No.6.Nov.2014.
6	An exploratory study to identify the issues related to Talent relationship management and the role of industry in Talent preparation in Technical Educational Institutions.	Nimhan’s Convention Centre Bangalore	29 th October 2012 to 31 st October 2012	Proceedings of the 54 th IIE National Convention and International Conference on Paradigms for global Challenges and opportunities VISION - 2025
7	Talent Management and Technical Educational Institutions in India: A conceptual framework and the participatory role of stake holders.	M.S.Ramaiah Institute of Technology, Bangalore	11 th – 13 th July 2012	Proceedings of the International Conference on Challenges and opportunities in Mechanical Engineering, Industrial Engineering, and Management studies ICCOMIM-2012 pp1078 to 1082.
8	Assessment of Occupational Stress and Work Life Balance among different level of managers of various organizations	The British Psychological Society, London	18 th April 2012 to 20 th April 2012	Proceedings of the International conference organized by The British Psychological Society, London, UK pp 40.

9	Assessment of General Health Status among the Employees of Call Centers and Multinational Companies – A Comparative Study”	University of California, Berkeley, USA	20 th Jan 2011 – 22 nd Jan 2011	Proceedings of the International Conference on Health Wellness and Society, University of California, Berkeley, USA 21 st Jan 2011 pp 10
10	Assessment of Quality of Work Related life and Health status among the employees of Various organizations.	R.V.College of Engineering Bangalore	3 rd Feb – 5 th Feb 2011	Proceeding of the International conference on Operational Excellence for Global Competitiveness – 2011 RVCE – pp.151
National Conference				
1	Development of Critical Thinking among the students of Higher Education inculcating 21 st Century Skills in online mode through Dalham e- Learning	R V College of Engineering	28 th and 29 th Oct 2021	CTGZMA-2021 National Level Conference.
2	The Application of Conceptual thinking as major trends in the Teaching – Learning Process and its importance in the Higher Educational Institutions- An Experiential Study	R.V.Institute of Management	06 th June 2015	National Conference on Pragmatic Approaches and Quality Initiatives for Enhancing Teachers' Caliber in Business Education
3	The Role of Teachers in creating effectiveness, improvement, and Process in Teaching and Learning in quality education: An Empirical Study.	B.M.S.College for Women, Bangalore	24 th and 25 th Sept 2013	NAAC sponsored National Seminar on “Role of IQAC in higher education with reference to women’s colleges”
4	Effective modes of partnership to strengthen the industry institute and R&D Establishments collaboration in the context of Technical Educational Institutions.	SCOPE Convention Centre Lodhi Road New Delhi	15 th Dec 2011 to 17 th Dec 2011	Proceeding of the 53 rd National Convention of IIIE and National Conference on India as a Technology hub – An emerging center of activity.
5	Study the influence of Quality of Work-Related life and Stress Management	University of Mysore, Manasagango tri Mysore	4 th Feb - 6 th Feb 2011	Proceedings in the 46 th National and 15 th International conference on Applied Psychology IAAP)

Participation in National Level Workshops

1	Mental Fitness and Academic performance during Pandemic	R.V.College of Engineering, Bangalore	14 th September 2021	Participant in a National Live seminar
2	Concepts and Design of Sport Surfaces	R.V.College of Engineering, Bangalore	31 st August 2021	Participant in a National online seminar
3	Sports Engineering Technology and Management	R.V.College of Engineering, Bangalore	11 th August 2021	Participant in a National online seminar
4	Ecosystem Restoration – Webinar and Quiz	R.V.College of Engineering, Bangalore- NSS RVCE	12 th June 2021	Participant in the Quiz and Webinar
5	Pedagogical Skills Development Training	R.V.College of Engineering, Bangalore	4 th July to 9 th July 2016	Participant in a training program
6	National Level Workshop on “Experiments in Practical Psychology: Training and Orientation	Immanuel Arasar College of Education, Edavilagam, Nattalam P.O.Marthandam, Kanyakumari	20 th and 21 st Feb 2016	Resource Person for a National Level Workshop.
7	Workshop on ‘New Project based Learning’	B.M.S.College of Engineering. Bangalore	5 th Jan 2015	Organized by Math works as part of the pre-conference activity of ICTIEE 2015 jointly with BMSCE and Indo – US Collaboration for Engineering Education. (IUCEE).
8	Workshop on “ Spoken English” bridge course for QEEE phase – II	Indian Institute of Technology - Madras	11 th April 2015	Participant in the Feedback program.
9	Workshop on “ Spoken English” bridge course for QEEE phase – II	Indian Institute of Technology - Madras	23 rd July 2014	Participant in the orientation program.
10	National Board of Accreditation Master Trainer Workshop	Galgotias University Plot No.2, Sector-17-A, Yamuna Expressway, Gautam Buddh Nagar, Greater Noida 201 306, Uttar Pradesh.	19 th Jan 2013 & 20 th Jan 2013	Master Trainers to train the Expert Volunteers/Stake-holders.
11	National Level Workshop on “Experiments in Practical Psychology: Training and Orientation	Immanuel Arasar College of Education, Edavilagam, Nattalam P.O.Marthandam, Kanyakumari	31 st 2012 March and 1 st April 2012	Resource Person for a National Level Workshop.
12	National Level Workshop on	Holy Trinity College of Education	27 th Feb and 28 th Feb 2011	Resource Person for a National Level Workshop.

	“Experiments in Practical Psychology: Training and Orientation	Kanya Kumari District Tamilnadu		
Faculty Development Program				
SL. No	Title	Place	Duration	Particulars
	Machine Learning	Online	1 month	Organized by SkillDzire in collaboration with AICTE
1	"How to Conduct the Student Induction (SIP) Program	One-Day Online Workshop AICTE	20 th Sept, 2021	Active Participation in online workshop.
2	Inculcating Universal Human values in Technical Education	Online – FDP AICTE	08.03.2021 to 12.03.2021	Active Participation in online Faculty Development Program
3	Teaching and Innovative practices in Psychology	Indraprastha College for Women, University of Delhi, North Campus, New Delhi	14.03.2017 to 20.03.2017	Participation in faculty development program.

List of Publication in referred journals

1. Sagar Prabhakar, Swetha S, C Bindu Ashwini **International Research Journal of Engineering and Technology (IRJET)** Volume 7, Issue 8, August 2020 <https://www.irjet.net/volume7-issue8> S.No: 177.
2. Prof.K.N.Raja Rao¹, Dr.N.S.Narahari², Dr.C.Bindu Ashwini³, paper titled Emphasis on the Cognitive Framework in Teaching – Learning process in Engineering Education: An Empirical overview, published in the Journal of Engineering Education and Transformations, Jan 2015, Volume 28, Issue 2&3, pp.175-181, eISSN 2394-1707, Print ISSN : 2349 – 2473.
3. Dr.C.Bindu Ashwini, paper titled “Assessment of Gender Differences in General Health Status among different levels of Managers of Multinational Companies – A Comparative Study” the International Journal of Social Science and Humanity Vol.4, No.6. Dec 2013 - Nov.2014 issue pp.458- 462.ISSN 2010-3646.
4. Dr.C.Bindu Ashwini, Dr.N.S.Narahari, Anjan paper titled “The Design of effectiveness in the development of Soft Skills for engineering students through soft skills training program: An Experiential Study on feedback analysis” Journal of Management Research. Vol.2 Issue 1 Aug – Oct 2013.pp- 85- 92 (ISSN 2319-2429).
5. Dr.C.Bindu Ashwini and Dr.N.S.Narahari paper titled “Talent Management in Technical Educational Institutions in India: A Conceptual Framework and Participatory Role of Stakeholders “The SAMS Journal’ ISSN No. 0976-304X Vol. 7 No. 1 January – June 2013 Issue pp.26-32
6. Bindu Ashwini and Lancy D’ Souza- “Occupational Stress among Employees of Call Centers and Multinational Companies – A Comparative Study.” Journal of Psychosocial Research Vol, 3 No.1 (2008) p.115-121.
7. Bindu Ashwini and Lancy D’ Souza - Assessment of Proneness to Major Medical and Psychiatric Illnesses: A Comparative Study of Employees of Call Centers and Multinational Companies – Journal of Psychosocial Research Vol.2 No.1 (2007) p.9-19.

Research and Publication

1. Reviewer – International Journal of Research and Innovation in Applied Sciences.ISSN No.2454-6194.
2. Editorial Board Member for International Referred Social Sciences Journals. Researchers World – Journal of Arts Science and Commerce. (2015) **Online ISSN: 2229-4686, Print ISSN: 2231-4172 ERM publications.**
3. Selected as Associate Editor in one of the International Journal – The International Journal of Health, Wellness and Society. Vol.1.Issue.1 Common Ground Publishing University of Illinois USA.
4. Referee for Psychology Research, ISSN 2159-5542 David Publishing Company.
5. Senior member at International Economics Development Research Center (IEDRC) member ship no. **30080130.**
6. Co – PI for the research project titled “Stress and associated diseases among Bangalore city police personnel’s. Sponsored by BPRD (Amount 6 lacs).
7. Submitted Minor research project proposal titled” A Comparative Study On The Assessment of the Cognitive Abilities of Engineering Students in an Academic Environment and their Evolution in a Professional Environment” to UGC.
8. Reviewer for Indian Journal of Management Sciences.ISSN 2249-0280, EISSN 2231-279X. Impact Factor (0.376).
9. Reviewer for International Journal of Biological and Pharmaceutical Science (ISSN: 2208-2166).

Professional Membership :

NATURE	ORGANISATION
IEDRC	International Economics Development Research Center

Invited talk

Title	Place	Duration	Particulars
International Conference On Psychology, Language And Teaching - (ICPLT-25)	Virtual Conference	8 th January 2025 Virtual Mode	Keynote Speaker on the theme -Psychological theories applied to language learning and teaching practices.
Strategic Entrepreneurship – A key for Sustainable Development	Vidyavardaka First Grade College Mysore	19 th October 2024	Resource Speaker at the National Conference on Strategic Entrepreneurship
Digital Transformation in Academic Publishing	Virtual Conference	26 th July 2024	Keynote speaker – International Conference on Advance Education organized by the International Society for Applied Research (ISAR)
Role of IEEE content in enhancing Engineering Education	Hotel Vivanta Bangalore	13 th July 2023	Guest speaker – organized by EBSCO and IEEE
Way to Manage Stress-How to Quiet Your Mind	M. Basavaiah Institute of	13 th January 2021	Webinar – for the students of Pre-University and Degree classes.

	Management Studies, Bangalore		
Emotional Intelligence	Hindustan Aeronautical Limited, Helicopter Division	26 th January 2020	Chief Guest and Invited Lecture on Emotional Intelligence to the employees of HAL
Recent Trends in Psychology	REVA University	19 th July 2019	Invited Lecture on the trends in Psychology.
Communication Skills	R.V.College of Engineering Bangalore	18 th March 2016	Invited talk on basic communication skills, organized by Centre for Women's Empowerment & Skills Training (WEST) program. RVCE Bangalore.
Psychological Counseling	R.V.College of Engineering Bangalore	13 th July 2015 to 17 th July 2015	Technical talk on Psychological Counseling at a Workshop on Pedagogical Skills Development Training
Psychological Well-being and the Natural Environment: the impact of green spaces on Mental Health of an Individual	R.V.College of Engineering Bangalore	26 th Dec 2014 to 28 th Dec 2014	Invited speaker at an 7 th International Congress of Environmental Research
Redesigning Teacher Education for Value Addition	Immanuel Arasar College of Education, Edavilagam, Nattalam P.O.Marthandam, Kanyakumari	28 th Jan 2014- 29 th Jan 2014	Keynote Speaker at an International Conference on Redesigning Teacher Education for Value Addition

Awards received:

1. Silver Global Jury Award 2021- Global Entrepreneurship award by National Entrepreneurship Network – Wadhvani Foundation. In recognition of evaluating a significant number of student startups proposals worldwide and guiding future entrepreneurs globally.
2. Faculty member of the week by QEEE in bridge course in English in Employability-IIT – Madras.
3. Reviewer and Editorial Board Member for International Journals.